

VICTORIA WHITELAND

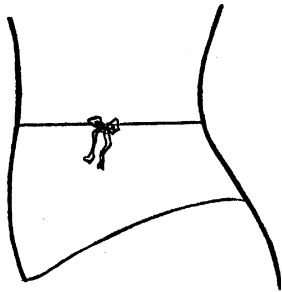
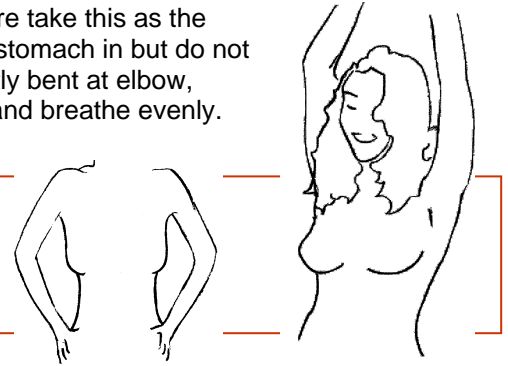
TAKING MEASUREMENTS CORRECTLY FOR A CORSET TO BE MADE

- Wear underwear that is a good fit.
- Do not take measurements over any bulky items of clothing, such as denim.
- Remove items of clothing out of the way while taking measurements.
- Correct posture is essential for accurate results.

Stand at your best, as the corset will inevitably correct posture. Therefore take this as the guideline and stand erect, with shoulders back and head straight. Hold stomach in but do not hold breath! Arms should be relaxed and pointing slightly forwards, lightly bent at elbow, hands forward at waist level. Continue to stand up straight but relaxed and breathe evenly.

Incorrect posture:

- Raising arms high will diminish the bust-line.
- Standing braced or tense will alter the bust height.



METHOD

Begin by tying a ribbon around, at the natural waist line. This can be found by placing hands at the waist and squeezing to find the narrowest point. From this position, one can take measurements above and below, being certain of the correct point for measurements as all are relative to the ribbon that is marking the waist-point.

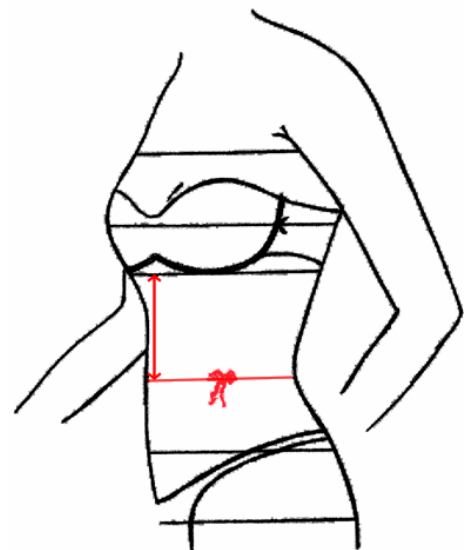
MAKE A NOTE OF ALL MEASUREMENTS AS ACCURATELY AS POSSIBLE IN CENTIMETRES TO THE NEAREST MILLIMETER (mm).

Chest:

Slip the tape measure underneath the arms, keeping arms in the relaxed but forward position. Measuring tape should fit comfortably, but not tightly, around the body above the bosom, at the fold of flesh in the underarm. Check that the tape measure does not droop at the back.

Bust:

Ensure arms are maintaining correct posture! At the fullest point of the bust measure around the body. Tape measure must not be tight. Check that it does not droop at the back. Tape should fit as closely as possible without slipping off.



Under-bust:

Draw tape measure around the top of the rib-cage, immediately beneath the breasts. This measurement should be taken in the same position as the bra under-wire and continue around the girth of the body. Be careful not to include the under-wire when taking this measurement.

Back-bust:

Firstly, locate the under-wire at the side of breast under-arm position. Taking this as the starting point, continue around the back of the body to reach the other under-wire at the other side.

Under-bust to waist:

Use the ribbon tied at waist level as the starting point and measure upwards to reach the under-bust line. End at the position of the line of the under-bust. Do not continue upwards between the breasts.

Waist:

Check that the ribbon tied at the waist is still firmly positioned, not slack.

Draw tape measure securely around the natural waist, make sure of a very close fit, though not too tight. Hold stomach in slightly for good posture.

High hip:

The ribbon at the waist is the starting point for this measurement. Measure downwards exactly 10cm. This measurement will have arrived at the hip bones on either side of the front of the pelvis. Position your finger here to reference this point. Most important is to arrive at a point 10cm down.

Low hip:

Taking the position of the finger held at the last 10cm point, measure down once more to arrive at a point a further 10cm down. This should naturally be the widest part of the hips, but more importantly, 20cm down in all, from the ribbon at the waist. Check that this is so.

If you are in doubt please get in contact:

mail@vwhiteland.com

Once your form is complete, please post it along with your payment to:

Victoria Whiteland
Graigina Farmhouse
Llanybydder
Carmarthenshire
SA40 9RP
Wales – United Kingdom

Thank you for your order

VICTORIA WHITELAND



Back Bust: _____ CM

Chest: _____ CM

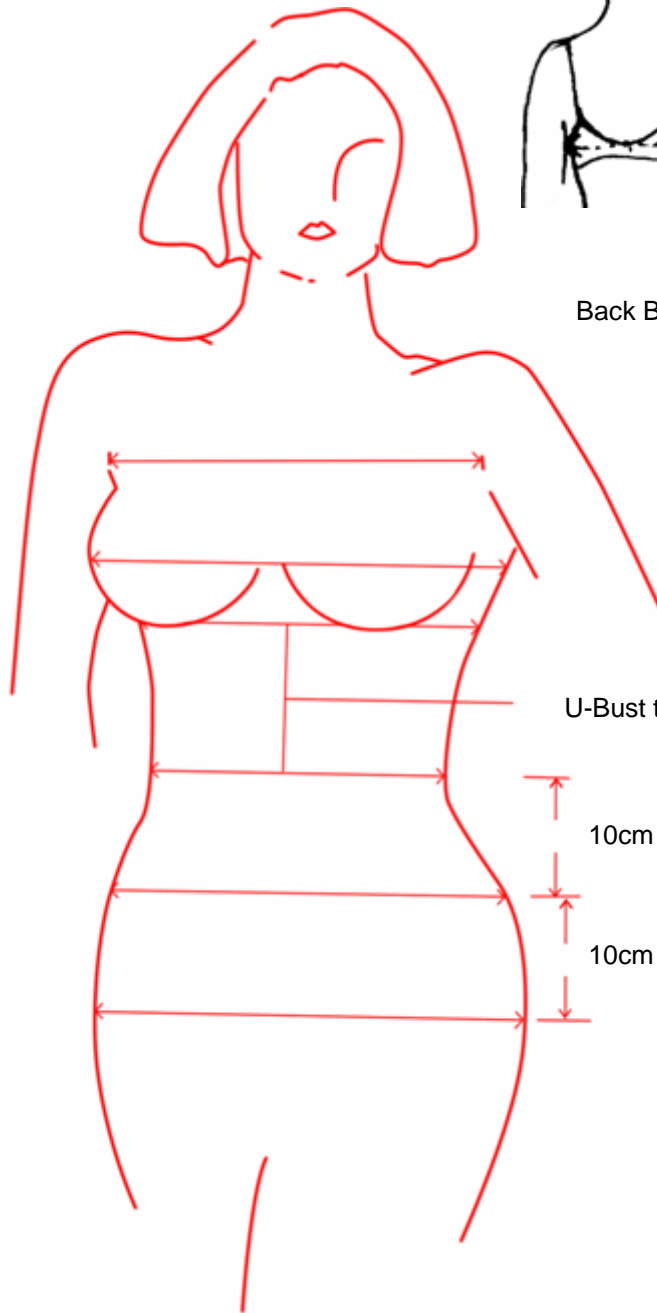
Bust: _____ CM

Under Bust: _____ CM

Waist: _____ CM

High Hip: _____ CM

Low Hip: _____ CM



U-Bust to Waist: _____ CM

10cm

10cm

Date: _____ Email Address: _____

Name: _____

Other Specifications: _____
